

## Variable Kerr nonlinearity and optical bistability of a four-level lambda atomic medium

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### ABSTRACT

Using perturbation theory we obtain expressions for the third-order nonlinear susceptibility and the Kerr nonlinear coefficient of a four-level lambda-type atomic system in the presence of Doppler broadening. The model is applied to the Rb atomic gas medium at room temperature; the investigations demonstrate the ability to enhance and control the Kerr nonlinear coefficient according to laser parameters in single-window and double-window EIT regimes. The amplitude and the sign of the Kerr nonlinear coefficient change sensitively to the driving laser parameters as well as ambient temperature. As a representative application, this Kerr nonlinear medium is applied to optical bistability (OB) and shows that the threshold intensity and the width of OB are also easily changed according to the laser parameters. In particular, in double-window EIT regime the emergence of nonlinear coefficient at different frequency domains that leads to the appearance of OB at multiple frequency domains simultaneously. This study is a good preparation for experimental observations of Kerr nonlinearity and optical bistability.

### 1. Introduction

The Kerr nonlinearity plays an important role in photonic devices such as optical bistability, all-optical switching, optical frequency conversion, optical logic gates, optical solitons, nonlinear wave mixing, etc., [1]. Large Kerr nonlinear coefficient is desired by researchers to reduce the threshold intensity and increase the sensitivity of nonlinear optical phenomena. Currently, a simple solution to achieve controllable giant Kerr nonlinearity is based on electromagnetically induced transparency (EIT) [2–4]. Thanks to this, nonlinear optical phenomena with single photon in EIT media have been realized [4–6].

Nowadays, the EIT effect is easily observed in alkali metal atoms at room temperature or ultracold in a magneto-optical trap (MOT) [7]. Initially, the EIT effect was observed in three-level atomic systems including lambda-type [8,9], ladder-type [10], and V-type [11] configurations with a single transparency window (EIT window). Later, studies were extended to multi-level atomic configurations with multiple EIT windows. For example, double EIT models in four-level atomic systems including N-type [12], inverted Y-type [13], Y-type [14], tripod-type

[15] schemes as well as multi-EIT configurations of five-level system [16–19]. Experimentally, multi-window EIT has also been observed in the four-level [20–22] and five-level [23–25] atomic configurations. Among all the models of EIT [26], the lambda configuration is of more interest because it is easy to achieve high transparency efficiency and consequentially easy to observe experimentally.

Giant Kerr nonlinear coefficient of EIT media has also been observed in three-level atomic systems [27] with a pair of enhanced Kerr nonlinear peaks around the EIT window. It is also shown that the amplitude and the sign of the Kerr nonlinearity are controlled by the intensity and the frequency of the coupling laser beam. Similar to EIT, recent studies on Kerr nonlinearity are also directed towards multi-level atomic configurations that can generate multiple nonlinear peaks at EIT windows and its applications can be realized at different frequency regions simultaneously. For example, four-level [28–32] and five-level [33–35] configurations for the study of Kerr nonlinearity have been proposed. Besides atomic gas media, EIT-based nonlinear enhancement has also been realized in some solid media of quantum wells or semiconductors [36–41]. Additionally, along this same topic some recent

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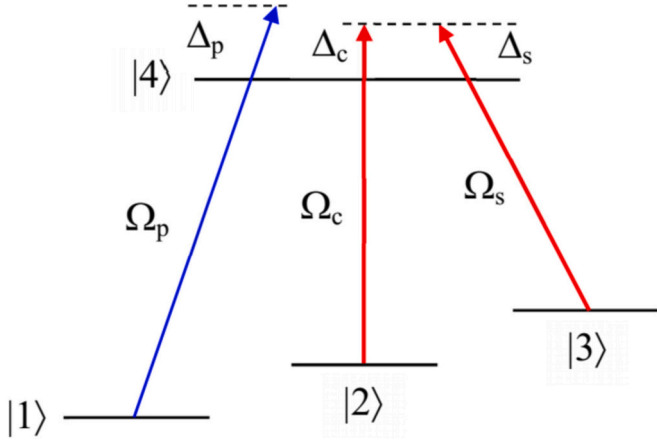


Fig. 1. The four-level lambda-type atomic configuration excited by a probe laser field and two driving laser fields.

studies have performed calculations up to the fifth order nonlinear susceptibility [42,43]. Experimentally, in addition to the above-mentioned three-level atomic configurations performed, experimental observations of Kerr nonlinearity have also been done in four-level N-type configurations [44,45], etc.

Optical bistability (OB) is perhaps one of the most typical applications of Kerr nonlinear material and is an important element in modern photonic devices. The OB effect with EIT medium was also proposed early in three-level atomic configurations [46–50]. In particular, the experimental observation of optical bistability by Min Xiao et al. [47] was made soon after the observation of the Kerr nonlinear coefficient of the three-level lambda-type atomic medium of Rb atom. Along with the interest of Kerr nonlinearity in four-level and five-level atomic systems, optical bistability has also been studied in the four-level [51–56] and five-level [57,58] atomic systems. In such multi-level configurations, OB can be simultaneously present at different frequencies. In addition, to change the threshold intensity and the width of OB, some studies have proposed to add other factors such as external magnetic field [59], polarization and relative phase between laser fields [60], incoherent pump field [61], etc. Similar to the nonlinear effect, EIT-based OB has also been of interest in solid-state materials of quantum wells and semiconductors [62–67].

In this work, we study the enhancement and the control of the Kerr nonlinear coefficient in a four-level lambda-type atomic medium. The atomic configuration is excited by a probe laser field and two driving laser fields with equal roles which can provide single-window and double-window EIT on the probe absorption profile. Analytical expressions for the Kerr nonlinear coefficient are derived in the absence and presence of the Doppler effect. Investigations of the Kerr nonlinear coefficient of Rb atoms with laser parameters are carried out in detail. In particular, as an application example, we have applied this Kerr nonlinear material to the study of optical bistability. The changes in amplitude and sign of the Kerr nonlinear coefficient are used to explain the changes in the threshold intensity and the width of OB. Experimentally, the lambda-type excitation configuration is known to have the best transparency performance among the possible excitation configurations and it is also easy to realize with Rb atoms, so this study is a good preparation for the experimental observation of Kerr nonlinearity and optical bistability.

## 2. Theoretical model and basic equations

The semi-classical theory which means the laser fields are illustrated according to classical theory while the atoms are illustrated in accordance with quantum mechanics is used to describe the interaction between the laser fields and the atoms. In this model, three laser fields with

different frequencies are applied to the atomic system as follows: one weak probe laser field is specified with frequency  $\omega_p$  and Rabi frequency  $\Omega_p$  to excite the transition  $|1\rangle \leftrightarrow |4\rangle$ , while two strong driving laser fields are respectively named as the coupling laser field with frequency  $\omega_c$  and Rabi frequency  $\Omega_c$  to excite the transition  $|2\rangle \leftrightarrow |4\rangle$  and the signal laser field with frequency  $\omega_s$  and Rabi frequency  $\Omega_s$  to excite the transition  $|3\rangle \leftrightarrow |4\rangle$ . Energy levels of this four-level atom are described in Fig. 1. Let  $\Delta_p$ ,  $\Delta_c$ , and  $\Delta_s$  be frequency detunings of probe field, coupling field, and signal field compared with the transition frequency from levels  $|1\rangle$ ,  $|2\rangle$  and  $|3\rangle$  to level  $|4\rangle$  with their formulas  $\Delta_p = \omega_{41} - \omega_p$ ,  $\Delta_c = \omega_{42} - \omega_c$  and  $\Delta_s = \omega_{43} - \omega_s$ .

The density matrix method is also used to determine the atomic states through density matrix element  $\rho$  with  $\rho = |\psi\rangle\langle\psi|$  and Schrodinger equation  $i\hbar|\dot{\psi}\rangle = H|\psi\rangle$  is now substituted by Liouville equation:

$$\frac{\partial \rho}{\partial t} = -\frac{i}{\hbar}[H, \rho] - (\gamma\rho) \quad (1)$$

here,  $(\gamma\rho)$  describes the relaxation processes in the atomic system.

Assuming that the strong driving laser fields only cause precise transitions of designated states and have no effect on any further levels. The total Hamiltonian of the system includes the Hamiltonian of the free atom and the interaction Hamiltonian of the light fields:

$$H_0 = \sum_{n=1}^4 \hbar\omega_n |n\rangle\langle n| + \frac{\hbar\Omega_p}{2} |1\rangle\langle 4| e^{-i\omega_p t} + \frac{\hbar\Omega_c}{2} |2\rangle\langle 4| e^{-i\omega_c t} + \frac{\hbar\Omega_s}{2} |3\rangle\langle 4| e^{-i\omega_s t} + c.c \quad (2)$$

From Eqs. (2)–(6) and using the rotating wave approximation, the density matrix equations of the four-level system are written as:

$$\dot{\rho}_{11} = \Gamma_{41}\rho_{44} + \left(\frac{i\Omega_p}{2}\right)(\rho_{14} - \rho_{41}) \quad (3)$$

$$\dot{\rho}_{22} = \Gamma_{42}\rho_{44} + \left(\frac{i\Omega_c}{2}\right)(\rho_{24} - \rho_{42}) \quad (4)$$

$$\dot{\rho}_{33} = \Gamma_{43}\rho_{44} + \left(\frac{i\Omega_s}{2}\right)(\rho_{34} - \rho_{43}) \quad (5)$$

$$\begin{aligned} \dot{\rho}_{44} = & -(\Gamma_{41} + \Gamma_{42} + \Gamma_{43})\rho_{44} + \left(\frac{i\Omega_p}{2}\right)(\rho_{41} - \rho_{14}) + \left(\frac{i\Omega_c}{2}\right)(\rho_{42} - \rho_{24}) \\ & + \left(\frac{i\Omega_s}{2}\right)(\rho_{43} - \rho_{34}) \end{aligned} \quad (6)$$

$$\dot{\rho}_{21} = [i(\Delta_p - \Delta_c) - \gamma_{21}]\rho_{21} - \left(\frac{i\Omega_c}{2}\right)\rho_{41} + \left(\frac{i\Omega_p}{2}\right)\rho_{24} \quad (7)$$

$$\dot{\rho}_{31} = [i(\Delta_p - \Delta_s) - \gamma_{31}]\rho_{31} - \left(\frac{i\Omega_s}{2}\right)\rho_{41} + \left(\frac{i\Omega_p}{2}\right)\rho_{34} \quad (8)$$

$$\dot{\rho}_{32} = [i(\Delta_c - \Delta_s) - \gamma_{32}]\rho_{32} - \left(\frac{i\Omega_s}{2}\right)\rho_{42} + \left(\frac{i\Omega_c}{2}\right)\rho_{34} \quad (9)$$

$$\dot{\rho}_{41} = [i\Delta_p - \gamma_{41}]\rho_{41} - \left(\frac{i\Omega_p}{2}\right)(\rho_{11} - \rho_{44}) - \left(\frac{i\Omega_c}{2}\right)\rho_{21} - \left(\frac{i\Omega_s}{2}\right)\rho_{31} \quad (10)$$

$$\dot{\rho}_{42} = [i\Delta_c - \gamma_{42}]\rho_{42} - \left(\frac{i\Omega_c}{2}\right)(\rho_{22} - \rho_{44}) - \left(\frac{i\Omega_p}{2}\right)\rho_{12} - \left(\frac{i\Omega_s}{2}\right)\rho_{32} \quad (11)$$

$$\dot{\rho}_{43} = [i\Delta_s - \gamma_{43}]\rho_{43} - \left(\frac{i\Omega_s}{2}\right)(\rho_{33} - \rho_{44}) - \left(\frac{i\Omega_p}{2}\right)\rho_{13} - \left(\frac{i\Omega_c}{2}\right)\rho_{23} \quad (12)$$

The matrix elements describing population are interrelated through normalized condition:

$$\rho_{11} + \rho_{22} + \rho_{33} + \rho_{44} = 1 \quad (13)$$

where  $\Gamma_{mn}$  is the rate of spontaneous population decay from the level  $|m\rangle$  to the level  $|n\rangle$ , and  $\gamma_{mn}$  is defined as the rate of the atomic coherence decay between the level  $|m\rangle$  and the level  $|n\rangle$ .

To obtain the steady-state solutions for the density matrix element  $\rho_{41}$  in the higher-order perturbations, we need use a iterative technique, that the density matrix elements are expressed as [27]  $\rho_{nm} = \rho_{nm}^{(0)} + \rho_{nm}^{(1)} + \rho_{nm}^{(2)} + \dots$ , where each successive approximation is calculated using the matrix elements of one order less than the one being calculated. Under the condition that the driving fields are much stronger than the probe field, then the density matrix eqs. (7), (8) and (10) in first-order perturbation can be written as:

$$0 = [i(\Delta_p - \Delta_c) - \gamma_{21}] \rho_{21}^{(1)} - \left(\frac{i\Omega_c}{2}\right) \rho_{41}^{(1)} + \left(\frac{i\Omega_p}{2}\right) \rho_{24}^{(0)} \quad (14)$$

$$0 = [i(\Delta_p - \Delta_s) - \gamma_{31}] \rho_{31}^{(1)} - \left(\frac{i\Omega_s}{2}\right) \rho_{41}^{(1)} + \left(\frac{i\Omega_p}{2}\right) \rho_{34}^{(0)} \quad (15)$$

$$0 = [i\Delta_p - \gamma_{41}] \rho_{41}^{(1)} - \left(\frac{i\Omega_p}{2}\right) (\rho_{11}^{(0)} - \rho_{44}^{(0)}) - \left(\frac{i\Omega_c}{2}\right) \rho_{21}^{(1)} - \left(\frac{i\Omega_s}{2}\right) \rho_{31}^{(1)} \quad (16)$$

In the weak probe field approximation, the terms  $\left(\frac{i\Omega_c}{2}\right) \rho_{24}^{(0)}$  and  $\left(\frac{i\Omega_s}{2}\right) \rho_{34}^{(0)}$  can be neglected, so the solution of the density matrix element  $\rho_{41}$  in first-order perturbation has the following form:

$$\rho_{41}^{(1)} = \frac{i\Omega_p (\rho_{44}^{(0)} - \rho_{11}^{(0)})}{2F} \quad (17)$$

where,  $F = \gamma_{41} - i\Delta_p + \frac{\Omega_c^2}{4[\gamma_{21} - i(\Delta_p - \Delta_c)]} + \frac{\Omega_s^2}{4[\gamma_{31} - i(\Delta_p - \Delta_s)]}$ .

In a similar way, the solution of the density matrix element  $\rho_{41}$  in third-order perturbation as:

$$\rho_{41}^{(3)} = \frac{i\Omega_p (\rho_{44}^{(2)} - \rho_{11}^{(2)})}{2F} \quad (18)$$

Thus, we need to determine  $\rho_{44}^{(2)} - \rho_{11}^{(2)}$  in the second-order perturbation. We note that, by conservation of population of the four-level atomic system  $\rho_{11}^{(0)} + \rho_{22}^{(0)} + \rho_{33}^{(0)} + \rho_{44}^{(0)} = 1$ , while  $\rho_{11}^{(k>0)} + \rho_{22}^{(k>0)} + \rho_{33}^{(k>0)} + \rho_{44}^{(k>0)} = 0$ . In addition, due to the symmetry of the atomic gas medium, so that  $\rho_{mn}^{(2)} = 0$  ( $m \neq n$ ) [1]. In this configuration, we assume  $\rho_{22}^{(2)} \approx \rho_{33}^{(2)} \approx 0$  because atoms are mainly in the ground state  $|1\rangle$  and the excited state  $|4\rangle$ , so from eq. (13) we obtain:

$$\rho_{11}^{(2)} \approx -\rho_{44}^{(2)} \quad (19)$$

Then, eqs. (3) and (6) in the second-order perturbation have the forms:

$$0 = \Gamma_{41} \rho_{44}^{(2)} + \left(\frac{i\Omega_p}{2}\right) (\rho_{14}^{(1)} - \rho_{41}^{(1)}) \quad (20)$$

$$0 = -(\Gamma_{41} + \Gamma_{42} + \Gamma_{43}) \rho_{44}^{(2)} + \left(\frac{i\Omega_p}{2}\right) (\rho_{41}^{(1)} - \rho_{14}^{(1)}) \quad (21)$$

Here, we neglected the terms  $\rho_{42}^{(2)}$ ,  $\rho_{24}^{(2)}$ ,  $\rho_{43}^{(2)}$  and  $\rho_{34}^{(2)}$  due to the symmetry of the atomic gas medium, and assume that the atoms initially are in the ground state  $|1\rangle$ , i.e.  $\rho_{11}^{(0)} \approx 1$ ,  $\rho_{22}^{(0)} \approx 0$  and  $\rho_{33}^{(0)} \approx 0$ .

From eqs. (19)–(21), we find:

$$\rho_{44}^{(2)} - \rho_{11}^{(2)} = \frac{2i\Omega_p}{2\Gamma_{41} + \Gamma_{42} + \Gamma_{43}} (\rho_{41}^{(1)} - \rho_{14}^{(1)}) \quad (22)$$

By substituting eq. (22) into eq. (18) and combining with eq. (17), we obtain the solution for  $\rho_{41}$  in third-order perturbation:

$$\rho_{21}^{(3)} = \frac{i\Omega_p}{F} \left( \frac{\Omega_p^2}{2\Gamma_{41} + \Gamma_{42} + \Gamma_{43}} \left[ \frac{1}{F} + \frac{1}{F^*} \right] \right) \quad (23)$$

Finally, the solution for  $\rho_{41}$  up to the third-order perturbation has the form:

$$\rho_{41} = \rho_{41}^{(1)} + \rho_{41}^{(3)} = \frac{-i\Omega_p}{2F} + \frac{i\Omega_p}{F} \frac{\Omega_p^2}{2\Gamma_{41} + \Gamma_{42} + \Gamma_{43}} \left( \frac{1}{F} + \frac{1}{F^*} \right) \quad (24)$$

where,  $F^*$  is the complex conjugate of  $F$ .

The complex susceptibility ( $\chi$ ) of the atomic medium to the probe laser beam is related to the density matrix element  $\rho_{41}$  as follows:

$$\chi = -2 \frac{Nd_{41}}{\epsilon_0 E_p} \rho_{41} \equiv \frac{2Nd_{41}}{\epsilon_0 E_p} \left[ \frac{i\Omega_p}{2F} - \frac{i\Omega_p}{F} \frac{\Omega_p^2}{2\Gamma_{41} + \Gamma_{42} + \Gamma_{43}} \left( \frac{1}{F} + \frac{1}{F^*} \right) \right] \quad (25)$$

where  $N$  is the atomic density and  $\epsilon_0$  is the permittivity in vacuum.

On the other hand, we can write the expression for the susceptibility in terms of the perturbation orders as follows [1]:

$$\chi = \chi^{(1)} + 3E_p^2 \chi^{(3)} \quad (26)$$

By comparing (25) and (26) we obtain the expressions for the first and third order susceptibilities as:

$$\chi^{(1)} = \frac{iNd_{41}^2}{\epsilon_0 \hbar} \frac{1}{F} \quad (27)$$

$$\chi^{(3)} = -\frac{iNd_{41}^4}{3\epsilon_0 \hbar^3} \frac{2}{2\Gamma_{41} + \Gamma_{42} + \Gamma_{43}} \frac{1}{F} \left( \frac{1}{F} + \frac{1}{F^*} \right) \quad (28)$$

For atomic vapor at room temperature, we need to introduce the Doppler effect in the expressions of the susceptibility. To eliminate the first-order Doppler effect, we assume that the driving and the probe laser beams propagate in the same direction through the atomic sample. Thus, if the atoms move with velocity  $v$  in the direction of the propagation of the laser beams, the frequency of laser beams is shifted by an amount  $\omega_p + (v/c)\omega_p$ ,  $\omega_c + (v/c)\omega_c$  and  $\omega_s + (v/c)\omega_s$ , respectively. This causes the frequency detuning of laser beams to increase by an amount  $\Delta'_p = \Delta_p + (v/c)\omega_p$  và  $\Delta'_c = \Delta_c + (v/c)\omega_c$  and  $\Delta'_s = \Delta_s + (v/c)\omega_s$ , respectively. The components of the atomic velocities along the beam axis follow the Maxwell distribution:

$$dN(v) = \frac{N_0}{u\sqrt{\pi}} e^{-v^2/u^2} dv, \quad (29)$$

where,  $u = \sqrt{\frac{2k_B T}{m}}$  is the root-mean-square speed of the atoms,  $N_0$  is the total atomic density in the sample. Thus, the first- and third-order susceptibilities when the Doppler effect is considered as:

$$\chi^{(1)}(v) dv = \frac{id_{41}^2}{\epsilon_0 \hbar} \frac{1}{F(v)} dN(v) \quad (30)$$

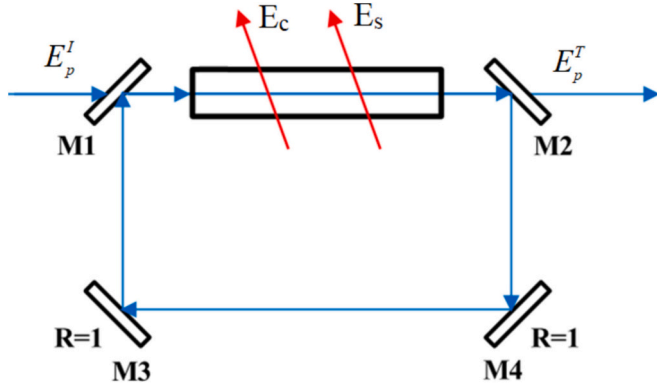
$$\chi^{(3)}(v) dv = -\frac{id_{41}^4}{3\epsilon_0 \hbar^3} \frac{1}{2\Gamma_{41} + \Gamma_{42} + \Gamma_{43}} \frac{1}{F(v)} \left[ \frac{1}{F(v)} + \frac{1}{F^*(v)} \right] dN(v) \quad (31)$$

where,

$$F(v) = \gamma_{41} - i \left( \Delta_p + \frac{v}{c} \omega_p \right) + \frac{\Omega_c^2}{4 \left[ \gamma_{21} - i(\Delta_p - \Delta_c) - i \frac{v}{c} (\omega_p - \omega_c) \right]} + \frac{\Omega_s^2}{4 \left[ \gamma_{31} - i(\Delta_p - \Delta_s) - i \frac{v}{c} (\omega_p - \omega_s) \right]} \quad (32)$$

Performing the integration with  $v$  over  $-\infty \rightarrow +\infty$ , we get:

$$\chi^{(1)} = \frac{iN_0 d_{41}^2 \sqrt{\pi}}{\epsilon_0 \hbar (\omega_p u/c)} \frac{1}{2\Gamma_{41} + \Gamma_{42} + \Gamma_{43}} e^{z^2} [1 - \text{erf}(z)] \quad (33)$$



**Fig. 2.** Unidirectional ring cavity with atomic sample of length  $L$ , where, mirrors M1 and M2 have the reflection and transmission coefficients as  $R$  and  $T$  with  $R + T = 1$ , whereas mirrors M3 and M4 are perfect reflectors.  $E_p^I$  and  $E_p^T$  denote the incident and transmitted probe field, respectively.  $E_c$  and  $E_s$  represent the coupling and signal fields that are not circulated inside the cavity.

$$\chi^{(3)} = -\frac{iN_0 d_{41}^4}{3\sqrt{\pi}\epsilon_0 \hbar^3 (\omega_p u/c)^2} \frac{2}{2\Gamma_{41} + \Gamma_{42} + \Gamma_{43}} \times \left\{ 2\sqrt{\pi} \left( -1 + \sqrt{\pi} z e^{z^2} [1 - \text{erf}(z)] \right) + \frac{\pi \left( e^{z^2} [1 - \text{erf}(z)] + e^{z^{*2}} [1 - \text{erf}(z^*)] \right)}{z + z^*} \right\} \quad (34)$$

where,

$$z = \frac{c}{\omega_p u} \left( \gamma_{41} - i\Delta_p + \frac{\Omega_c^2}{4[\gamma_{21} - i(\Delta_p - \Delta_c)]} + \frac{\Omega_s^2}{4[\gamma_{31} - i(\Delta_p - \Delta_s)]} \right) \quad (35)$$

and  $z^*$  is the complex conjugate of  $z$ , with  $\text{erf}$  being the error function.

The effective refractive index of the Kerr nonlinear medium for the probe laser beam as [1]:

$$n = n_0 + n_2 I_p \quad (36)$$

where:

$$n_0 = \sqrt{1 + \text{Re}(\chi^{(1)})} \quad (37)$$

is the linear dispersion coefficient, and:

$$n_2 = \frac{3\text{Re}(\chi^{(3)})}{4\epsilon_0 n_0^2 c} \quad (38)$$

is the Kerr nonlinear coefficient.

Now we place a medium of length  $L$  composed of  $N$  atoms into a unidirectional ring cavity as shown in Fig. 2. In this figure, the reflection and transmission coefficients of mirrors M1 and M2 are  $R$  and  $T$  with  $R + T = 1$ . We assume that both mirrors M3 and M4 are perfect reflectors. In the ring cavity configuration, only the probe field  $E_p$  is circulated in the ring cavity but the driving fields  $E_c$  and  $E_s$  do not.

The total electromagnetic field can be written as

$$E = E_p e^{-i\omega_p t} + E_c e^{-i\omega_c t} + E_s e^{-i\omega_s t} + c.c., \quad (39)$$

Under the slowly varying envelop approximation, the dynamic response of the probe field governed by Maxwell equations as follows:

$$\frac{\partial E_p}{\partial t} + c \frac{\partial E_p}{\partial z} = i \frac{\omega_p}{2\epsilon_0} P(\omega_p) \quad (40)$$

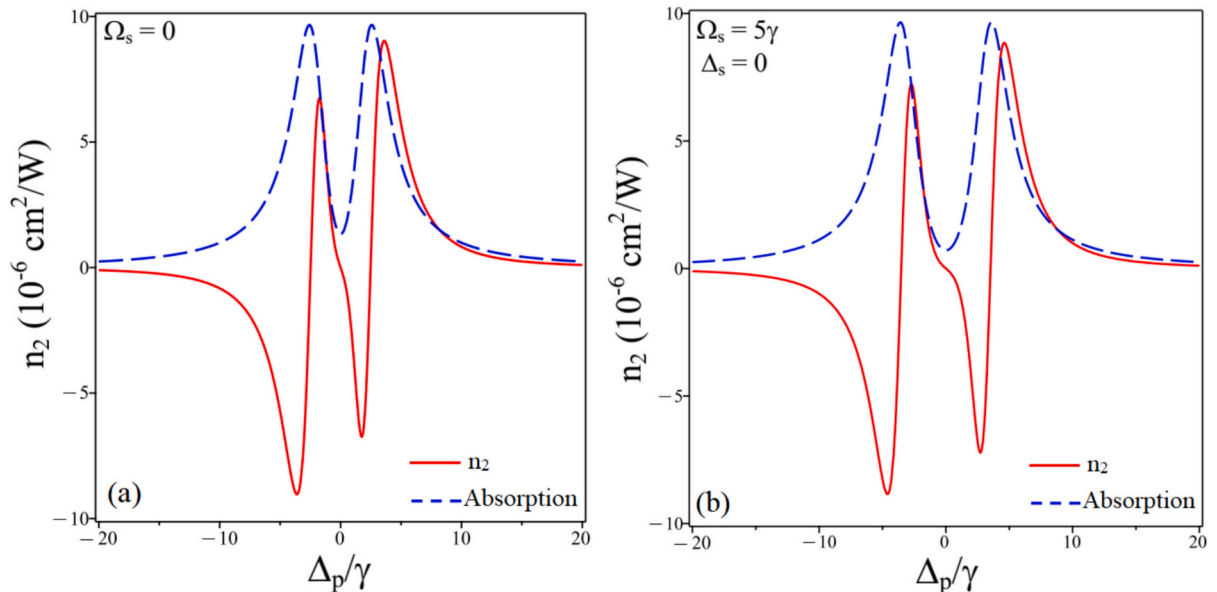
where  $P(\omega_p)$  is induced polarization by the probe field in the transition  $|1\rangle \leftrightarrow |4\rangle$  and is given by:

$$P(\omega_p) = N d_{41} \rho_{41} \quad (41)$$

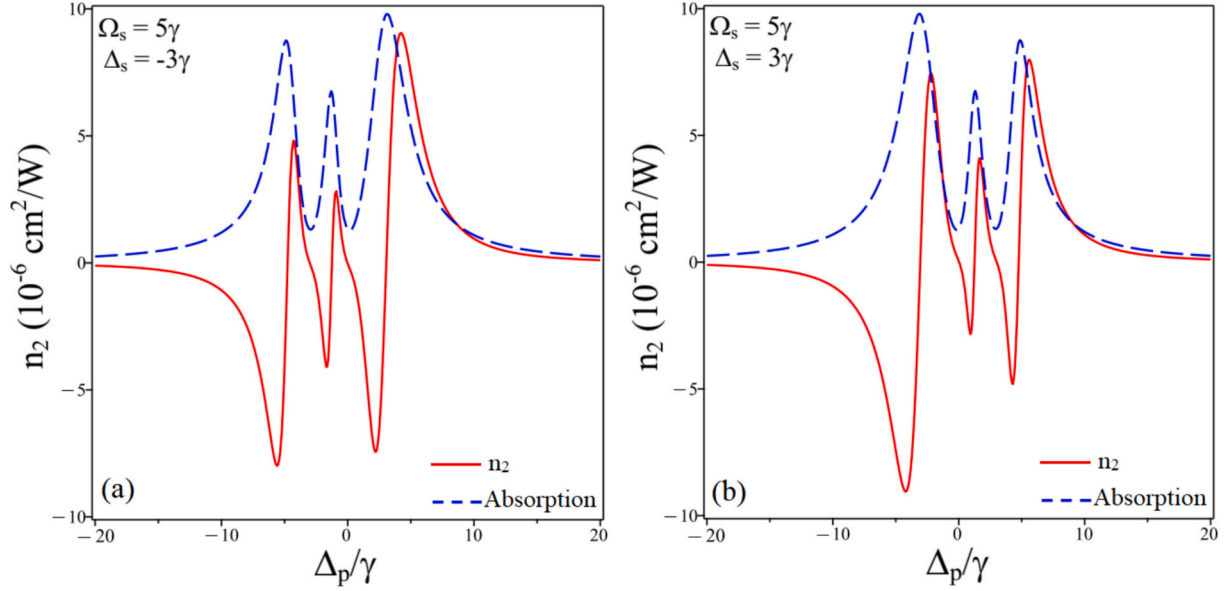
Substituting Eq. (41) into Eq. (40), we obtain the field amplitude relation in the steady state as:

$$\frac{\partial E_p}{\partial z} = i \frac{N \omega_p d_{41}}{2c\epsilon_0} \rho_{41} \quad (42)$$

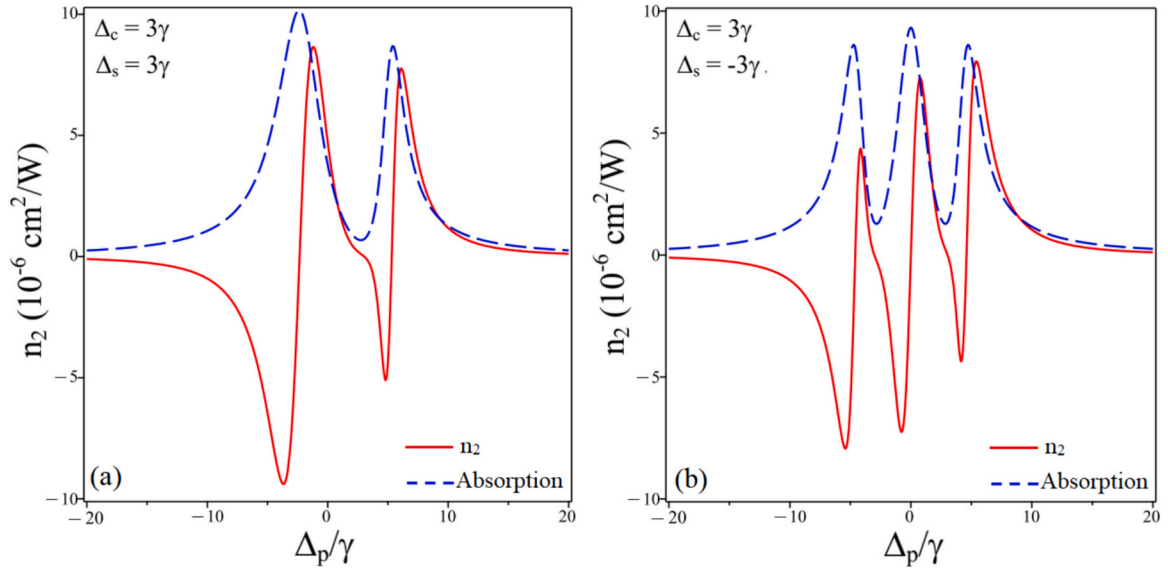
For a single circulation of the probe field in the cavity, we denote probe the field at the start and the end of the sample is  $E_p(0)$  and  $E_p(L)$ , respectively (see Fig. 2). For a perfectly tuned cavity, the boundary conditions in the steady state for the incident ( $E_p^I$ ) and transmitted ( $E_p^T$ ) probe fields are given by:



**Fig. 3.** Doppler-free. Kerr nonlinear coefficient (solid line) and absorption (dashed line) versus probe frequency detuning at different values of signal laser intensity  $\Omega_s = 0$  (a) and  $\Omega_s = 5\gamma$  (b). Other parameters as:  $\Omega_c = 5\gamma$ ,  $\Delta_c = 0$  and  $\Delta_s = 0$ .



**Fig. 4.** Doppler-free. Kerr nonlinear coefficient (solid line) and absorption (dashed line) versus probe frequency detuning at different values of signal laser detuning  $\Delta_s = -3\gamma$  (a) and  $\Delta_s = 3\gamma$  (b) when  $\Delta_c = 0$ . Other parameters as:  $\Omega_c = 5\gamma$  and  $\Omega_s = 5\gamma$ .



**Fig. 5.** Doppler-free. Kerr nonlinear coefficient (solid line) and absorption (dashed line) versus probe frequency detuning at different values of signal laser detuning  $\Delta_s = -3\gamma$  (a) and  $\Delta_s = 3\gamma$  (b) when  $\Delta_c = 3\gamma$ . Other parameters as:  $\Omega_c = 5\gamma$  and  $\Omega_s = 5\gamma$ .

$$E_p(L) = E_p^T / \sqrt{T} \quad (43)$$

$$E_p(0) = \sqrt{T} E_p^I + R E_p(L) \quad (44)$$

where  $R$  is the feedback mechanism from the mirror  $M2$ , which is essential for the generation of bistability. We note that no bistability occurs if  $R = 0$ . In the mean-field limit and using of the boundary conditions, we obtain the following input-output relation for the transmitted probe field as:

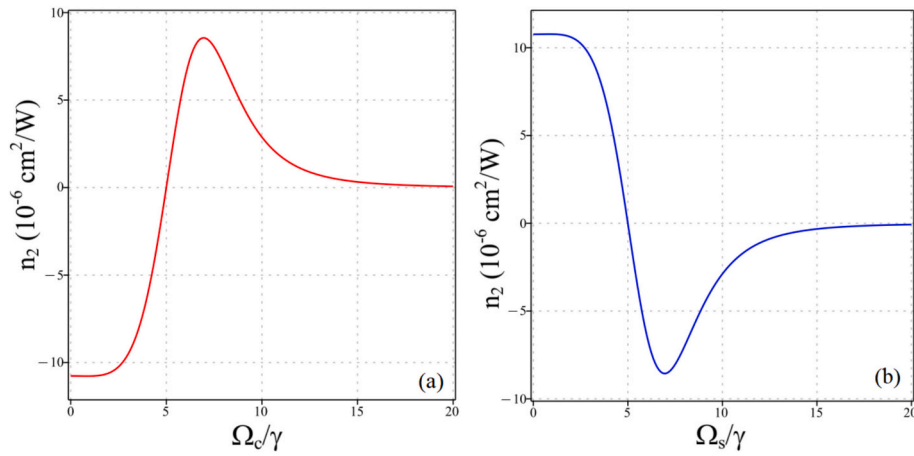
$$Y = X - iC\rho_{41} \quad (45)$$

where  $Y = d_{41} E_p^I / (\hbar\sqrt{T})$ ,  $X = d_{41} E_p^T / (\hbar\sqrt{T})$  are normalized input and output probe fields, respectively, and  $C = \frac{N\omega_p L d_{41}^2}{2\epsilon\epsilon_0 \hbar T}$  is the cooperatively parameter for atoms in the ring cavity. Thus, transmitted field depends

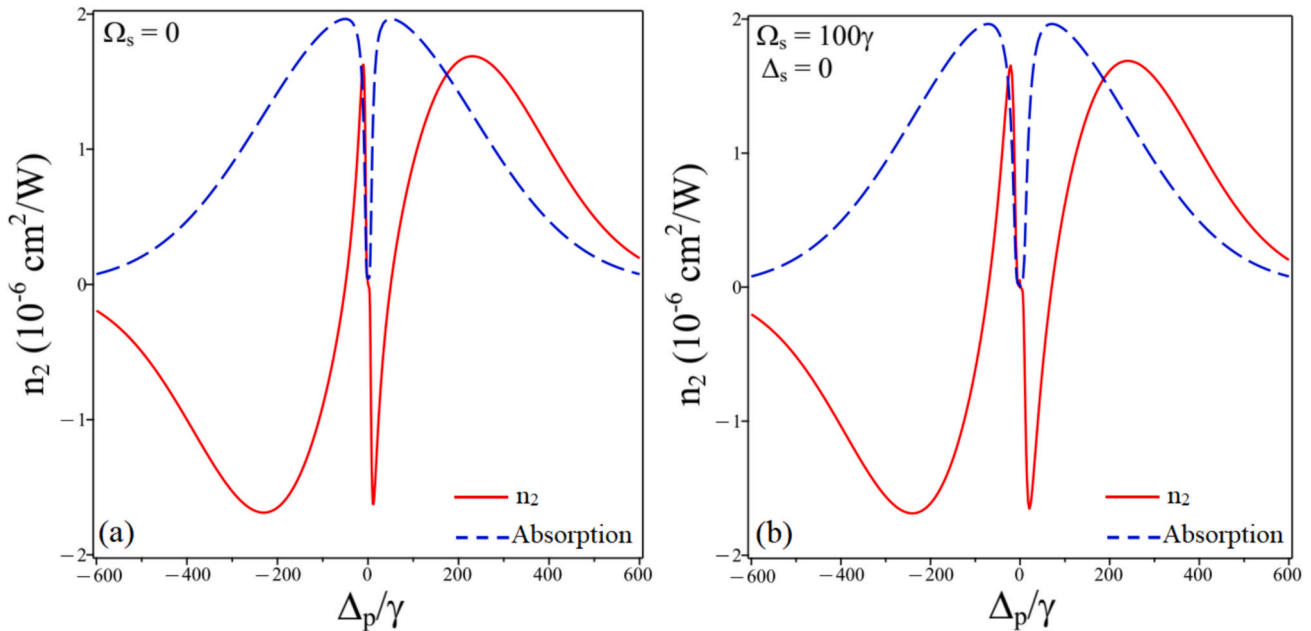
on the incident probe field and the coherence term  $\rho_{41}$  via Eq. (45). As a result, the bistability behavior of medium can be determined by atomic variables through  $\rho_{41}$  which can be numerically solved from the density matrix eqs. (3)–(13).

### 3. Results and discussion

In this section,  $^{87}\text{Rb}$  atom [68] is used to simulate in the variant states, as follows:  $|1\rangle = 5S_{1/2}, F = 1, m_F = 1$ ;  $|2\rangle = 5S_{1/2}, F = 1, m_F = 0$ ;  $|3\rangle = 5S_{1/2}, F = 1, m_F = -1$  and  $|4\rangle = 5P_{3/2}, F = 2, m_F = 0$ . Here,  $F$  denotes the quantum number of total angular momentum at the investigating state. Quantities in frequency units are normalized to the decay rate  $\gamma$  of the transition  $|4\rangle \rightarrow |1\rangle$ .



**Fig. 6.** Doppler-free. Kerr nonlinear coefficient versus coupling laser intensity when  $\Omega_s = 5\gamma$  (a) and versus signal laser intensity when  $\Omega_c = 5\gamma$  (b). Other parameters as  $\Delta_p = 0$ ,  $\Delta_c = 3\gamma$  and  $\Delta_s = -3\gamma$ .

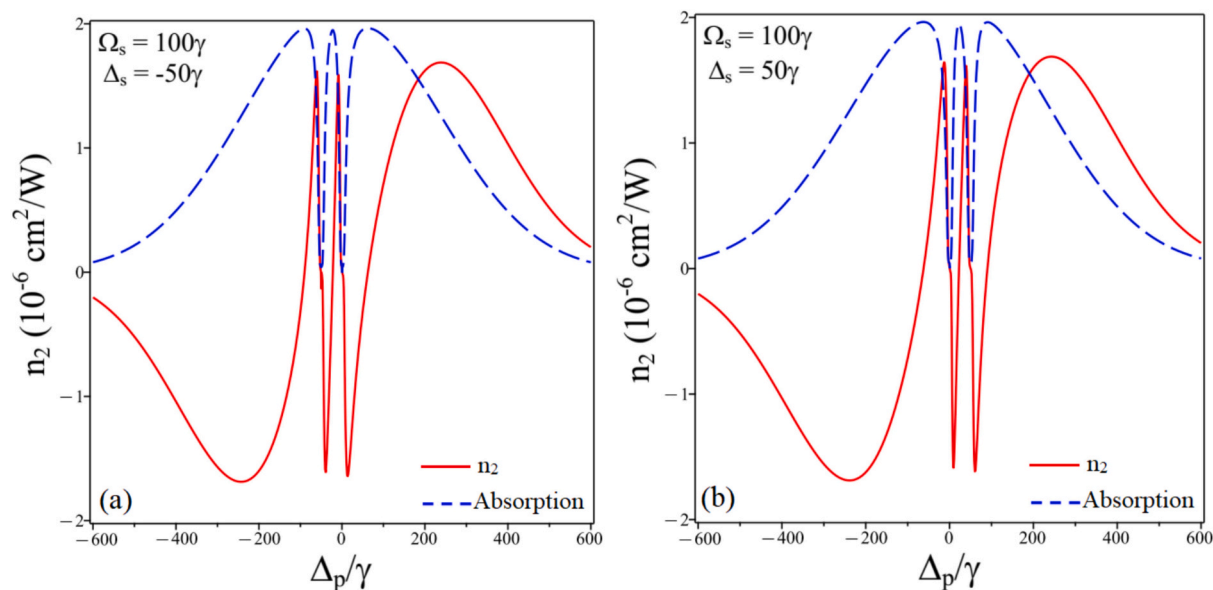


**Fig. 7.** Doppler broadening. Kerr nonlinear coefficient (solid line) and absorption (dashed line) versus probe frequency detuning at different values of signal laser intensity  $\Omega_s = 0$  (a) and  $\Omega_s = 100\gamma$  (b). Other parameters as:  $\Omega_c = 100\gamma$ ,  $\Delta_c = 0$ ,  $\Delta_s = 0$  and  $T = 300$  K.

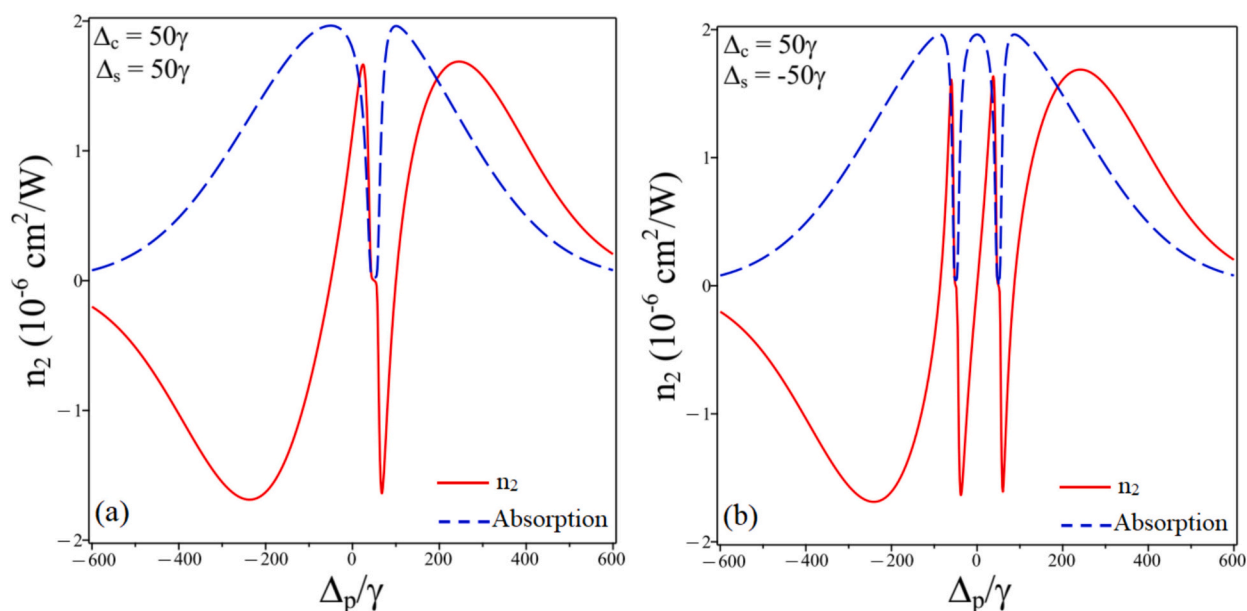
### 3.1. Controlling Kerr nonlinear coefficient

*In the absence of Doppler broadening:* First, we investigate the influence of the signal laser intensity on the Kerr nonlinearity. Here, the controlling laser parameters is fixed at  $\Omega_c = 5\gamma$  and  $\Delta_c = 0$ . Afterwards, we plot the absorption (dashed line) and Kerr nonlinear coefficient (solid line) versus the frequency detuning of the probe field at different values of signal laser intensity: (a)  $\Omega_s = 0$  and (b)  $\Omega_s = 5\gamma$  with  $\Delta_s = 0$ , as depicted in Fig. 3. In the case  $\Omega_s = 0$ , an EIT window appears at the center  $\Delta_p = 0$  induced by the laser coupling field, and a pair of positive-negative peaks of the Kerr nonlinear coefficient appears around the center of the EIT window (Fig. 3a). When the signal laser beam is turned on with intensity  $\Omega_s = 5\gamma$  and frequency  $\Delta_s = \Delta_s = 0$ , two EIT windows induced by the two driving fields appear and overlap each other at the center  $\Delta_p = 0$  to form a slightly deeper and wider EIT window. This may result in a higher but less steep nonlinear dispersion curve (Fig. 3b). To separate into two distinct EIT windows we can adjust the signal laser frequency as shown in Fig. 4, here  $\Delta_s = -3\gamma$  (a) and  $\Delta_s = 3\gamma$  (b) while  $\Omega_s$

$= \Omega_c = 5\gamma$ . It is clear that when  $\Delta_s = -3\gamma$  the EIT window induced by the signal laser is shifted to the left to the position  $\Delta_p = -3\gamma$ , while  $\Delta_s = 3\gamma$  it is shifted to the right to the position  $\Delta_p = 3\gamma$ . Correspondingly, two nonlinear dispersion curves are also generated at the two EIT windows and thus two pairs of Kerr nonlinear peaks are formed around these two EIT windows. The same phenomenon occurs if we fix the signal laser frequency and change the coupling laser frequency as shown in Fig. 5, where  $\Delta_c = 3\gamma$  (a) and  $\Delta_c = -3\gamma$  (b), with  $\Delta_s = 3\gamma$  for both (a) and (b). It is shown that when  $\Delta_c = \Delta_s = 3\gamma$  both EIT windows coincide at the position  $\Delta_p = 3\gamma$  and therefore only one pair of Kerr nonlinear peaks appears around this position. When  $\Delta_c = -3\gamma$  the EIT window induced by the coupling beam is shifted to the left to the position  $\Delta_p = -3\gamma$  so there are two separate EIT windows symmetrically about  $\Delta_p = 0$ , i.e., in this case the absorption is maximum at the probe resonance frequency. Two pairs of Kerr nonlinear peaks are also formed around these two positions. Thus, by changing either the signal laser frequency or the coupling laser frequency, a single window EIT or a double window EIT is established and thus one or two pairs of Kerr nonlinear peaks are



**Fig. 8.** Doppler broadening. Kerr nonlinear coefficient (solid line) and absorption (dashed line) versus probe frequency detuning at different values of signal laser detuning  $\Delta_s = -50\gamma$  (a) and  $\Delta_s = 50\gamma$  (b) when  $\Delta_c = 0$ . Other parameters as:  $\Omega_c = 100\gamma$ ,  $\Omega_s = 100\gamma$  and  $T = 300$  K.



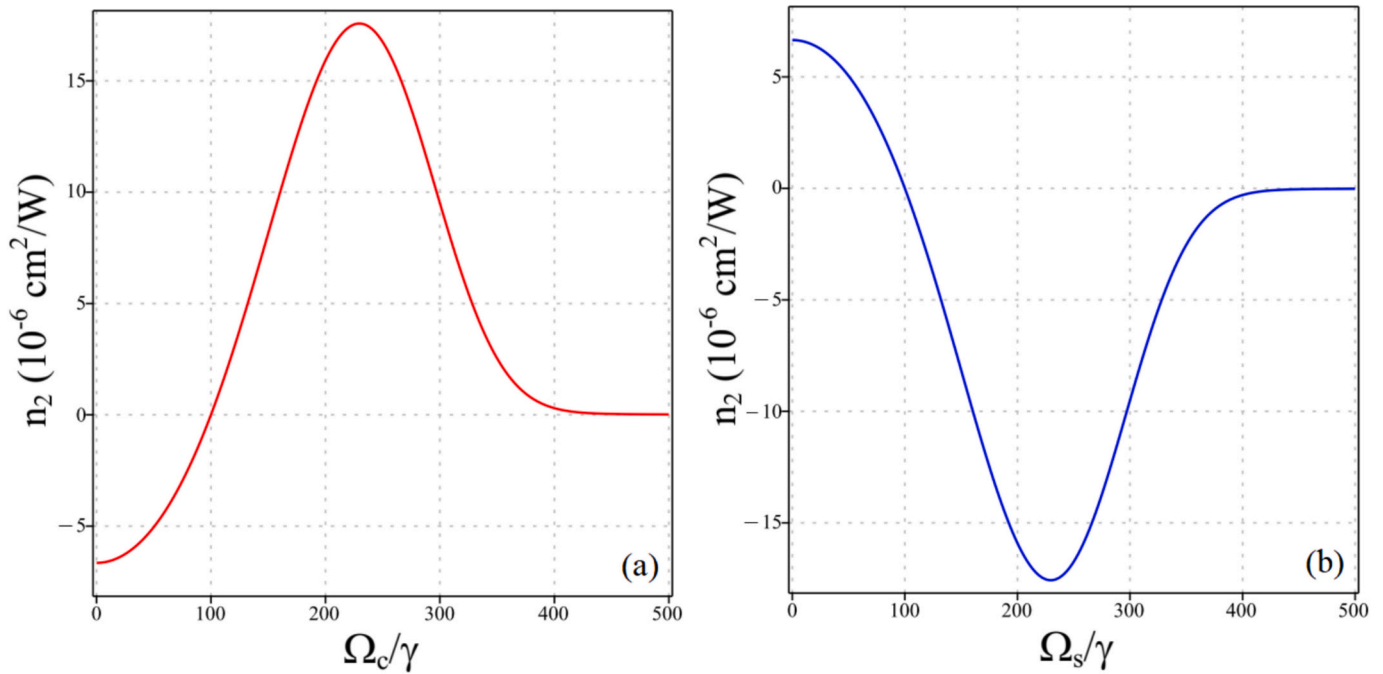
**Fig. 9.** Doppler broadening. Kerr nonlinear coefficient (solid line) and absorption (dashed line) versus probe frequency detuning at different values of signal laser detuning  $\Delta_s = -50\gamma$  (a) and  $\Delta_s = 50\gamma$  (b) when  $\Delta_c = 50\gamma$ . Other parameters as:  $\Omega_c = \Omega_s = 100\gamma$  and  $T = 300$  K.

generated around these EIT windows. At the same time, the position of the EIT windows and the Kerr nonlinear peaks are also shifted to different probe frequencies. This provides the opportunity to operate photonic devices at different laser frequencies simultaneously.

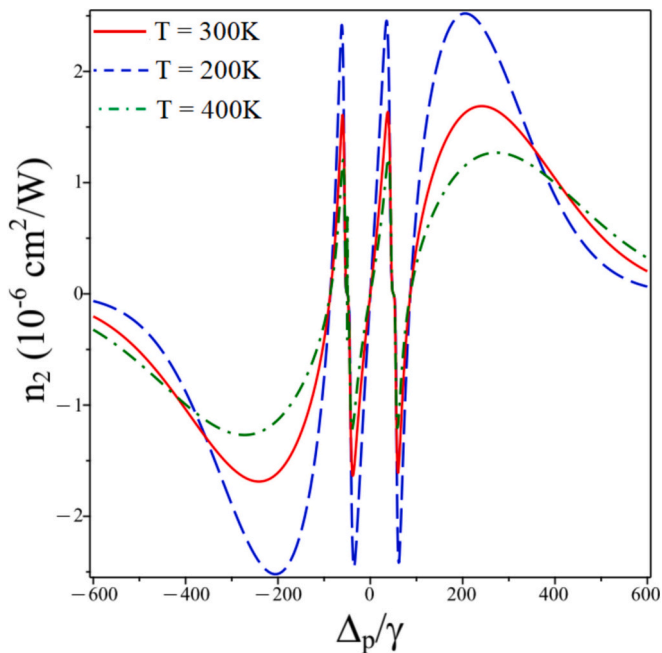
In Fig. 6, we fix the frequency of the laser fields at  $\Delta_p = 0$ ,  $\Delta_c = 3\gamma$  and  $\Delta_s = -3\gamma$ , and examine the variation of the Kerr nonlinear coefficient with respect to the intensity of the coupling laser (a) when  $\Omega_s = 5\gamma$  and with respect to the signal laser (b) when  $\Omega_c = 5\gamma$ . Thus, at a given probe frequency  $\Delta_p = 0$ , the Kerr nonlinear coefficient changes both its amplitude and sign when adjusting the intensity of either the coupling laser or the signal laser. However, the variation of the Kerr nonlinear coefficient with the signal laser intensity is opposite to that with the laser coupling intensity. Such a change of the Kerr nonlinear coefficient will also lead to a change in the characteristics of the

nonlinear optical effects, which will be considered in the following section.

*In the presence of Doppler broadening:* The investigations are performed in a similar way to the case without Doppler broadening. However, unlike the case without Doppler broadening, at room temperature under the Doppler effect, the EIT effect occurs with the driving laser field intensity tens of times larger than in the Doppler-free case. Likewise, the absorption and dispersion profiles are also broadened to hundreds of MHz. Specifically, in Fig. 7 we consider at temperature  $T = 300$  K and choose coupling laser intensity at  $\Omega_c = 100\gamma$  and  $\Delta_c = 0$ , the graphs of absorption and Kerr nonlinear coefficients are plotted at  $\Omega_s = 0$  (a) and  $\Omega_s = 100\gamma$  with  $\Delta_c = 0$  (b). In this case, the phenomenon occurs similar to that in Fig. 3, but the difference is that the absorption spectrum is extended to more than 800 MHz. The EIT windows are also



**Fig. 10.** Doppler broadening. Kerr nonlinear coefficient versus coupling laser intensity when  $\Omega_s = 100\gamma$  (a) and versus signal laser intensity when  $\Omega_c = 100\gamma$  (b). Other parameters as  $\Delta_p = 0$ ,  $\Delta_c = 50\gamma$ ,  $\Delta_s = -50\gamma$  and  $T = 300 \text{ K}$ .



**Fig. 11.** Doppler broadening. Kerr nonlinear coefficient versus temperature when  $\Omega_c = \Omega_s = 100\gamma$ ,  $\Delta_c = 50\gamma$  and  $\Delta_s = -50\gamma$ .

separated when changing the coupling laser frequency or the signal laser frequency as shown in Figs. 8 and 9. Specifically, in Fig. 8(a) with  $\Delta_c = 0$  and  $\Delta_s = -50\gamma$ , the positions of the two EIT windows are respectively  $\Delta_p = 0$  (induced by the coupling beam) and  $\Delta_p = -50\gamma$  (induced by the signal beam); in Fig. 8(b) with  $\Delta_s = 50\gamma$ , the EIT window induced by the signal beam is moved to position  $\Delta_p = 50\gamma$ . When  $\Delta_c = \Delta_s = 50\gamma$ , the two EIT windows overlap at  $\Delta_p = 50\gamma$ , and when  $\Delta_c = 50\gamma$  and  $\Delta_s = -50\gamma$ , the two EIT windows are located at positions  $\Delta_p = -50\gamma$  and  $\Delta_p = 50\gamma$ . In such cases, the Kerr nonlinear peak pairs also emerge around the

corresponding EIT windows. The variations of the Kerr nonlinear coefficient with the coupling laser intensity (a) and the signal laser intensity (b) at room temperature  $T = 300 \text{ K}$  are also shown in Fig. 10. Similar to Fig. 6, by changing the coupling or signal laser intensity, the magnitude and the sign of the Kerr nonlinear coefficient are also changed. However, unlike Fig. 6, in the case of Doppler broadening, the variation range of the coupling or signal laser intensity is relatively large. To examine the influence of temperature on the Kerr nonlinear coefficient, we simulate the Kerr nonlinear coefficient at different temperatures as shown in Fig. 11. Here, we fix the laser parameters at  $\Omega_c = \Omega_s = 100\gamma$ ,  $\Delta_c = 50\gamma$  and  $\Delta_s = -50\gamma$ , and plot the Kerr nonlinear coefficient with respect to the probe laser frequency at temperatures  $T = 200 \text{ K}$ ,  $300 \text{ K}$  and  $400 \text{ K}$ . It is obvious that the amplitude of the nonlinear dispersion curve increases significantly as the temperature of the atomic medium decreases. This phenomenon is directly related to the EIT efficiency that as the temperature decreases, the quantum interference is better, so the EIT efficiency is also better.

To demonstrate the superiority of this Kerr nonlinear medium, it is introduced into a ring resonator as shown in Fig. 2 to create an optical bistability effect. Here, we consider the Doppler-free case. In Fig. 12(a), we simulate the OB curve of the probe laser field at different probe frequencies around the atomic resonance frequency, while the driving laser parameters are fixed at  $\Omega_c = \Omega_s = 5\gamma$  and  $\Delta_c = \Delta_s = 0$ . Fig. 12(b) depicts the variation of the Kerr nonlinearity coefficient (solid line) and absorption coefficient (dashed line) versus the probe laser frequency with the same driving laser parameters as in Fig. 12(a). From Fig. 12(a), it can be seen that the threshold intensity and width of OB at different probe laser frequencies are very different. This phenomenon is closely related to both the Kerr nonlinear coefficient and the absorption coefficient. In principle, the smaller the absorption coefficient, the lower the threshold intensity of OB and vice versa, the higher the absorption coefficient, the higher the threshold intensity. Meanwhile, the magnitude of the Kerr nonlinear coefficient determines the formation of the OB effect and the width of OB depends sensitively on the amplitude of the Kerr nonlinear coefficient. Specifically, at the probe laser frequency  $\Delta_p = 0$ , although the absorption is very small, close to zero (the dashed line in Fig. 12b), the Kerr nonlinear coefficient is also close to zero (the solid



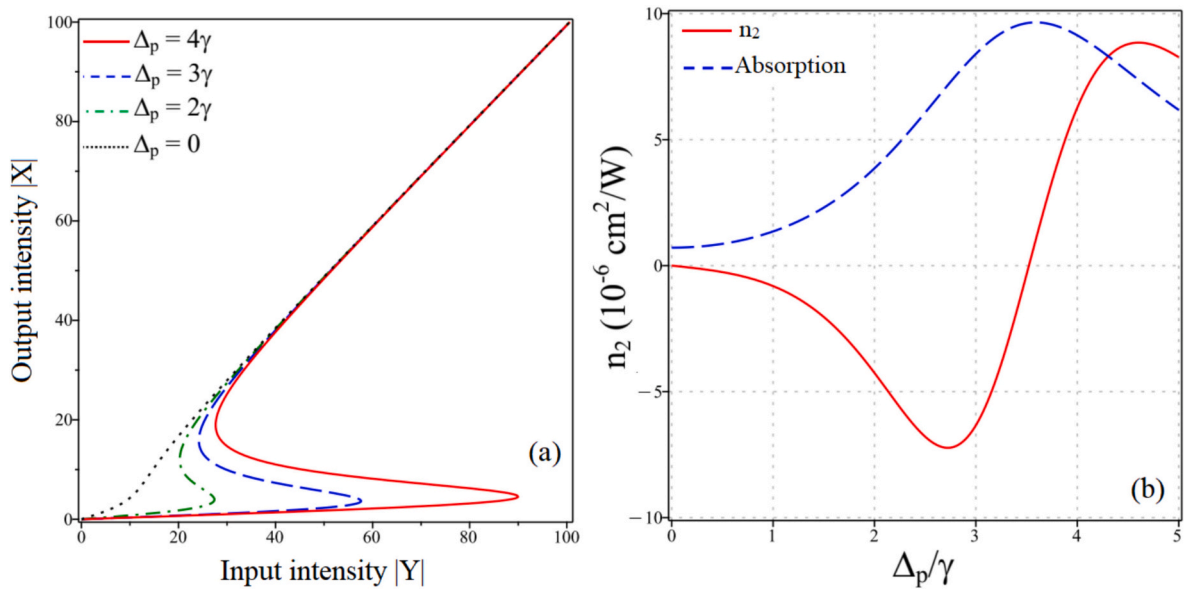


Fig. 12. OB graphs at different values of probe laser detuning when  $\Omega_c = \Omega_s = 5\gamma$  and  $\Delta_c = \Delta_s = 0$ .

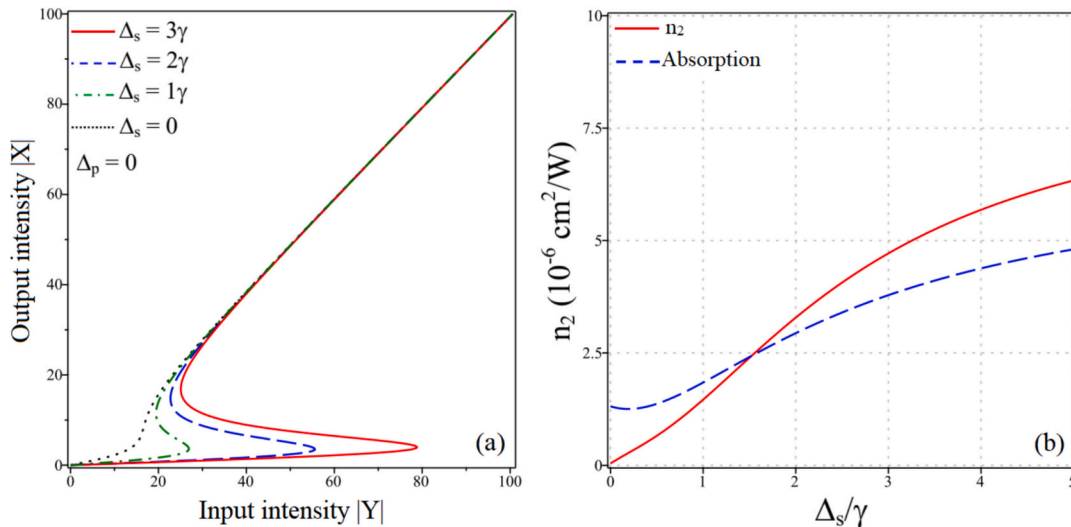


Fig. 13. OB graphs at different values of signal laser detuning when  $\Delta_p = 0$ ,  $\Delta_c = -3\gamma$  and  $\Omega_c = \Omega_s = 5\gamma$ .

line in Fig. 12b), so the OB effect does not appear yet (see the dotted line in Fig. 12a). At the probe laser frequencies  $\Delta_p = 2\gamma$ ,  $3\gamma$ , and  $4\gamma$ , the amplitude of the Kerr nonlinear coefficient gradually increases, causing the OB effect to appear with the OB width also increasing. At the same time, the growth of the absorption coefficient results in the increase of the OB threshold intensity. As a result, in Fig. 12, at the probe resonance frequency  $\Delta_p = 0$ , the OB does not appear due to the zero Kerr nonlinearity, however, this situation can be changed by adjusting the frequency of the driving lasers. Indeed, in Figs. 13 and 14 we fix the probe laser frequency at  $\Delta_p = 0$  and change the signal laser frequency (Fig. 13) and the coupling laser frequency (Fig. 14). According to Fig. 13, it is clear that when  $\Delta_s = 0$ , the OB does not appear due to the zero Kerr nonlinearity (the solid line in Fig. 13a). By gradually increasing the signal laser frequency detuning, the Kerr nonlinear amplitude is also increased (the solid line in Fig. 13b), so the OB appears with its width also increasing. In addition, the threshold intensity of the OB also increases due to the enhanced absorption when  $\Delta_s$  increases. The same phenomenon occurs when increasing the coupling laser frequency detuning as shown in Fig. 14. Specifically, the increase in  $\Delta_c$  leads to the

increase of the threshold intensity and the width of OB. On the other hand, from our previous analyses, the advantage of this four-level lambda model is the appearance of many Kerr nonlinear pairs around the EIT windows. As a result, the OB effect can also be obtained at different probe frequency domains. Indeed, Fig. 15 shows the appearance of the OB effect at the resonant (a) and far-resonant (b) domains. In a similar way, we can obtain the OB effect at other frequency domains by changing the frequency of the driving laser fields. Finally, in Fig. 16(a) we examine the variation of the threshold intensity and the width of OB with the signal laser intensity. Here, the probe laser frequency is chosen at  $\Delta_p = 2\gamma$  and other laser parameters are  $\Delta_s = \Delta_c = 0$  and  $\Omega_c = 5\gamma$ . Fig. 16(b) shows that both the Kerr nonlinearity and the absorption coefficients decrease with increasing signal laser intensity, so the threshold intensity and the width of OB decrease with increasing signal laser intensity. Because the roles of the coupling and signal fields are the same, a similar examination with the coupling laser intensity is not shown further.

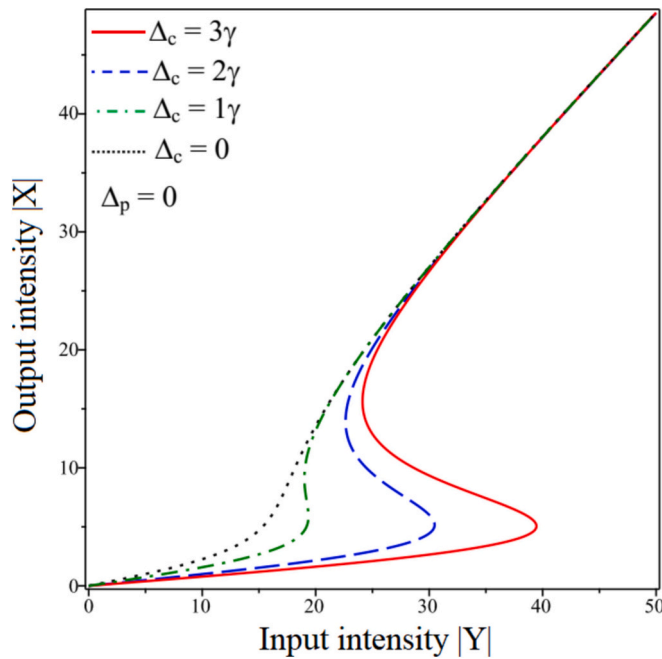


Fig. 14. OB graphs at different values of coupling laser detuning when  $\Delta_p = 0$ ,  $\Delta_s = 3\gamma$  and  $\Omega_c = \Omega_s = 5\gamma$ .

#### 4. Conclusion

In conclusion, we have demonstrated the enhancement and the control of the Kerr nonlinear coefficient by driving laser fields in the  $^{87}\text{Rb}$  atomic gas medium of four-level lambda-type configuration. By changing the coupling laser frequency or the signal laser frequency, a single-window or double-window EIT response is formed. In each such EIT window, a pair of positive-negative peaks of the Kerr nonlinear coefficient appears. Furthermore, the amplitude and the sign of the Kerr nonlinear coefficient changes with respect to the frequency or the intensity of the driving laser fields. In particular, the Doppler effect is also included in the expression of the Kerr nonlinear coefficient, which has a realistic value when the model is applied at room temperature. At room temperature, the EIT effect as well as the enhancement of the Kerr

nonlinearity occurs with laser intensities tens of times larger than when Doppler is ignored; it is also shown that at room temperature, the EIT spectrum profile as well as the nonlinear dispersion curve are broadened to hundreds of MHz, while the amplitude of the nonlinear dispersion curve decreases with increasing temperature. To demonstrate the superiority of such Kerr nonlinearity, we have applied this model to an atomic optical bistability system. The emergence of Kerr nonlinear coefficient around the EIT windows is the key basis for the appearance of low-threshold OB effect. The changes in the amplitude and the sign of Kerr nonlinear coefficient lead to changes in the threshold intensity and the width of OB. In particular, in the double-window EIT regime, we can obtain the OB curves at different frequency domains simultaneously, which allows its applications to operate on multiple frequency channels. Such investigations are necessary for experimental observations and related studies.

#### Authorship contribution statement

All authors conceived of the presented idea, developed the theory and performed the analytical calculations and numerical simulations. All authors co-wrote the paper, discussed the results and contributed to the final manuscript.

#### CRediT authorship contribution statement

**Luong Thi Yen Nga:** Writing – review & editing, Writing – original draft, Software, Methodology, Investigation, Formal analysis. **Nguyen Huy Bang:** Writing – review & editing, Writing – original draft, Software, Methodology, Investigation, Formal analysis. **Nguyen Van Phu:** Writing – review & editing, Writing – original draft, Software, Methodology, Investigation, Formal analysis. **Hoang Minh Dong:** Writing – review & editing, Writing – original draft, Software, Methodology, Investigation, Formal analysis. **Nguyen Thi Thu Hien:** Writing – review & editing, Writing – original draft, Software, Methodology, Investigation, Formal analysis. **Nguyen Van Ai:** Writing – review & editing, Writing – original draft, Software, Methodology, Investigation, Formal analysis. **Le Van Doai:** Writing – original draft, Software, Methodology, Investigation, Formal analysis.

#### Declaration of competing interest

The authors declare that they have no known competing financial

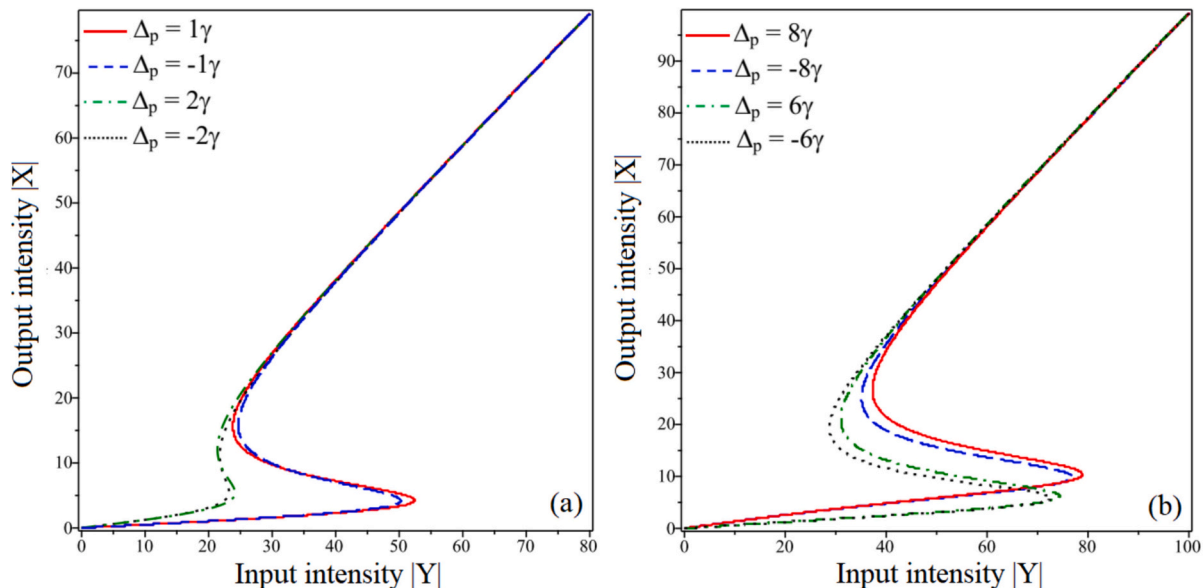


Fig. 15. OB graphs at different values of probe laser detuning when  $\Delta_c = -3\gamma$ ,  $\Delta_s = 3\gamma$  and  $\Omega_c = \Omega_s = 5\gamma$ .

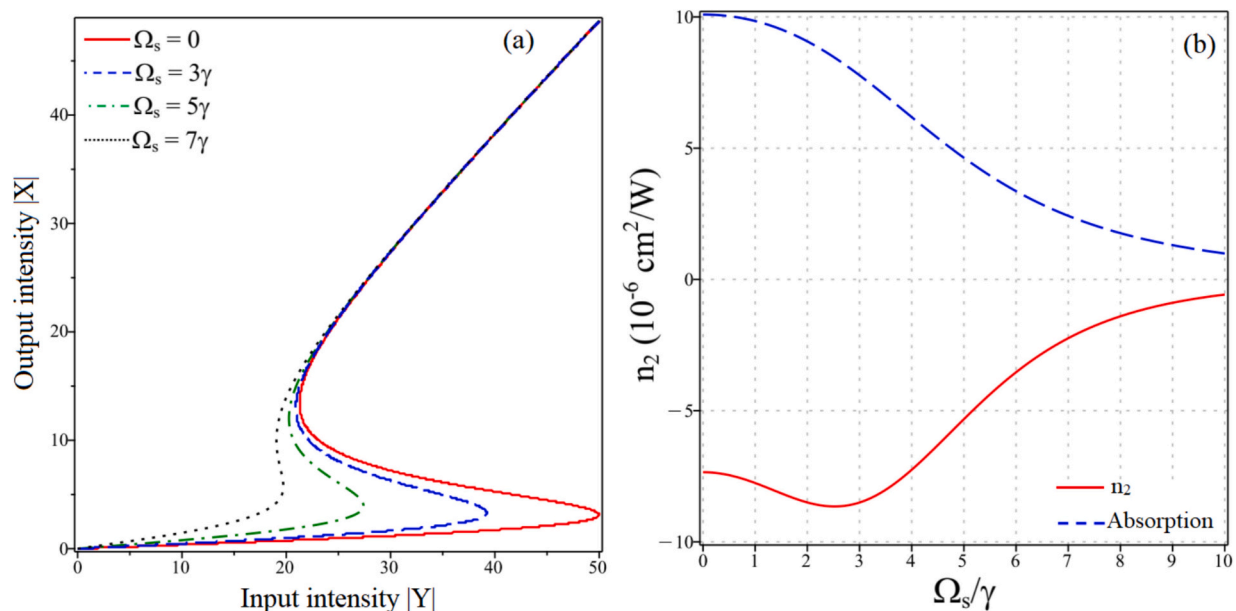


Fig. 16. OB graphs at different values of signal laser intensity when  $\Delta_p = 2\gamma$ ,  $\Delta_s = \Delta_c = 0$  and  $\Omega_c = 5\gamma$ .

interests or personal relationships that could have appeared to influence the work reported in this paper.

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#### Data availability

No data was used for the research described in the article.

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